

**ILLUMINATING THE
AFTERLIFE**
**Your Soul's Journey
Through the Worlds
Beyond**

Cyndi Dale

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“The fact that we are made of light—that the body itself is a biophoton organism, has been well established by several researchers, including Fritz-Albert Popp. One of Popp’s findings was that DNA itself is a storehouse of light, or biophoton emissions.”—Cyndi Dale

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“Zero-point Light”: The White Light of Death

Most individuals who have a near-death experience see a great white light at death. Many describe this light as consciousness emanating unconditional love. There actually is such a light and it is “on earth as it is in heaven,” related to a phenomenon called “zero point.”

Studies are revealing that there is a “zero-point energy field” that resides in stillness and yet maintains continual motion. Scientists have long looked for explanations of what we would call the miraculous, and zero-point energy seems to be it.

The phenomenon begins with chilling something to absolute zero, almost three hundred degrees below zero centigrade. Atomic motion stops—but energy continues. An experiment done by researchers including Lene Vestergaard Hau demonstrated that light was frozen to a standstill at “zero” velocity or speed, which means that light vanished. Its imprint, however, did not! The “disappeared” light regenerated when stimulated by yet another light.²

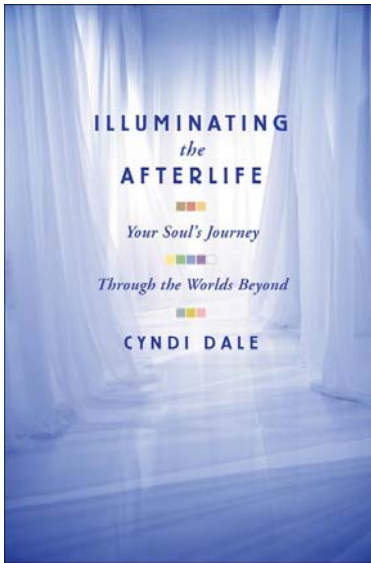
Only quantum theory can explain why the background radiation continued to emanate—why something can move even when completely still. The particles might not be moving directionally, *but they could flash in and out of existence*. The implications of this finding are staggering.

For example, skeptics ask why only some people remember past lives. According to researcher Walter Schempp, memory is not stored in the brain, but rather in what I call the “genesis field.” This field is composed of zero-point light.³ Memories of the past, parallel existences, ancestral events, or even the future flash in and out of existence—or in this case, awareness—based on our relationship with the field. If our light is “on,” we will remember. When the departing soul sees the light, memories flood in. The light from the Source frees the soul from its frozen state.

The fact that we are made of light—that the body itself is a biophoton organism, has been well established by several researchers, including Fritz-Albert Popp. One of Popp’s findings was that DNA itself is a storehouse of light, or biophoton emissions.

The more photons that are emitted from an organism’s DNA, the higher it stands on the evolutionary scale. The zero-point or genesis field plays a central role in originating and responding to this internal light. If a body of photons internalizes too much or too little light from the field, disease results. Popp concluded that organisms are healthiest if they rely on a minimum of “free energy.” This means that they each approach their own zero state, or nothingness.⁴ Essentially, we can, and need to, generate our own light.

This explains how a soul can be integrated into the body one moment—and then be gone in the next moment. It is not destroyed; it merely blinks into another pocket of the universe. This shows how our spirits, with their infinite wisdom, can surround our bodies and why sometimes knowledge is available—and then suddenly, is not available. This also reveals the true nature of the White Light: a consciousness that operates at zero point produces a zero-point field, and always holds us, even when we do not recognize it.



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This is the story of the spirit. When you enter the physical realm, your spirit "freezes," at least relative to your everyday consciousness. You cannot see, hear, or touch it, because you are identifying chiefly with the "imprint" that it leaves: your body, which is encoded by your soul and mind. At death, a light—*the White Light*—re-stimulates your spirit. The body disappears, not because it does not exist anymore but because the more ethereal parts of you, such as your soul, reabsorb the body's essential qualities or energetic charges.

The shift from body to soul is accomplished while we are dying and just after the body dies. The transformation from soul to spirit usually happens after death through the Planes of Light, which expose us to higher and higher frequencies of light. And there is yet another energy body that interconnects the physical body with the soul body. The Ancient Egyptians called it the *Ka*. The Ka is the "light body," and it is fed by light. Most often, the light body is not provided the light it needs to generate until we are dying, at which time the ill are often described as "glowing." You can, however, activate the light body, as well as your physical body, through the chakras while you are alive. It is simply a matter of knowing how.

The most vital entryways for light in the body are the chakras and the auric fields. These energy centers not only convert low- to high-spectrum light and back again, but also fast- to slow-moving energy and vice versa.

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