



**THE END OF YOUR WORLD**  
**Uncensored Straight Talk**  
**on the Nature of**  
**Enlightenment**

**ADYASHANTI**

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“Make no mistake about it—enlightenment is a destructive process. It has nothing to do with becoming better or being happier. Enlightenment is the crumbling away of untruth. It’s seeing through the façade of pretense. It’s the complete eradication of everything we imagined to be true.”—Adyashanti

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Uncensored Straight Talk on the Nature of Enlightenment  
Adyashanti

More and more people are “waking up” spiritually. And for most of them, the question becomes: now what? “Information about life after awakening is usually not made public,” explains Adyashanti. “It’s most often shared only between teachers and their students.” *The End of Your World* is his response to a growing need for direction on the spiritual path.

Adyashanti begins by describing the “I got it/I lost it” phenomenon that perplexes so many of his students—the fluctuation between what he calls “nonabiding” awakening and the ultimate state of “Abiding” enlightenment. With straight talk and penetrating insight, Adyashanti points out the pitfalls and cul-de-sacs that “unenlighten” us along the journey, including:

- The trap of meaninglessness
- How the ego can “co-opt” realization for its own purposes
- The illusion of superiority that may accompany intense spiritual breakthroughs
- The danger of becoming “drunk on emptiness.”

“Full awakening comes when you sincerely look at yourself, deeper than you’ve imagined, and question everything,” teaches Adyashanti. *The End of Your World* is your invitation to join Adyashanti for an honest investigation of what you really are—and how to live once you discover it.

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