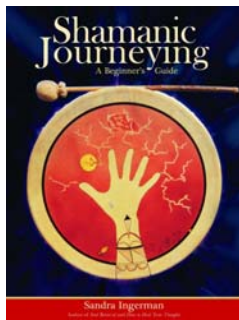




SHAMANIC JOURNEYING

About the Author: Sandra Ingerman

Sandra Ingerman, MA, teaches workshops internationally on shamanic journeying, healing, and reversing environmental pollution using spiritual methods. She has trained and founded an international alliance of Medicine for the Earth Teachers and shamanic teachers. Sandra is recognized for bridging ancient cross-cultural healing methods into our modern culture addressing the needs of our times. Sandra is a licensed Marriage and Family therapist and Professional Mental Health Counselor. She is also a board certified expert on traumatic stress as well as certified in acute traumatic stress management.



SHAMANIC JOURNEYING A Beginner's Guide

Sandra Ingerman

Softcover
6" x 8"
88 Pages
with audio CD
ISBN 9781591799436
U.S. \$14.95

Sandra is the author of *Soul Retrieval: Mending the Fragmented Self*, *Welcome Home: Following Your Soul's Journey Home*, *A Fall to Grace*, *Medicine for the Earth: How to Transform Personal and Environmental Toxins*, *Shamanic Journeying: A Beginner's Guide*, and *How to Heal Toxic Thoughts: Simple Tools for Personal Transformation*. She is the author of the Sounds True audio programs *The Soul Retrieval Journey*, *The Beginner's Guide to Shamanic Journeying*, and *Miracles for the Earth*.

To learn more about Sandra Ingerman, visit:

www.shamanicvisions.com/ingerman or www.sandraingerman.com

Contact: Beverly Yates
(303) 665-3151 ext. 153
publicity@soundstrue.com

Sounds True
413 South Arthur Avenue | Louisville, Colorado 80027
(303) 665-3151 | www.soundstrue.com