



**TAPPING IN
A Step-by-Step
Guide to
Activating Your
Healing
Resources
Through Bilateral
Stimulation**

**Laurel Parnell,
Ph.D.**

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About the Author: Laurel Parnell, Ph.D.

As a psychologist, teacher and author with over thirty years experience as a meditator and spiritual practitioner, Laurel Parnell, Ph.D. has been actively integrating psychological and spiritual work throughout her career. She served on the faculty of the California Institute for Integral Studies and John F. Kennedy University and presents at conferences in the United States and abroad. An innovator and expert in EMDR (Eye Movement Desensitization and Reprocessing) she has trained thousands of clinicians in the United States and abroad. Her books include *Transforming Trauma: EMDR*, *EMDR in the Treatment of Adults Abused as Children* and *A Therapist's Guide to EMDR*. She leads workshops and trainings in Resource Tapping and EMDR throughout the world, and maintains a private practice in San Rafael, California.

Laurel Parnell, Ph.D.'s 2008 Workshop/Training Schedule includes:

January 18-25 / New York City / The Open Center

January 30-February 3 / New York City / The Open Center

February 24-29 / Big Sur, CA / Esalen Institute

March 29-April 5 / Sueno Azuel, Costa Rica / Omega Institute

April 18-20 / Alliant International University / San Francisco

April 28- May 4 / Kassel, Germany

June 20-22 / Alliant International University / San Francisco

July 18-25 / Big Sur, CA / Esalen Institute

August 15-22 / Rhinebeck, New York / Omega Institute

August 24-August 29 / Rhinebeck, New York / Omega Institute

October 10-17 / New York / The Open Center

To see schedule details and updates, visit: www.emdrinfo.com

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