



## **You Are That! Gangaji**

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***An elegant  
collector's  
edition of  
Gangaji's  
classic  
teachings***

## **You Are That!** **Interview Questions for Gangaji**

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1. Your personal story is compelling. How did you, an American woman named Toni Roberson, become Gangaji?
2. Why are teachings from within a culture halfway around the world relevant to Americans today?
3. We live in a violent, challenging world. How does one live in peace in the midst of such chaos?
4. You say that a true teacher will point you to your true self. Do you mean in any tradition, whether it is Hindu, Christian, Buddhist, etc?
5. What is awakening, and how do you speak about that to an American audience with little cultural context for that experience?
6. What do you consider to be true meditation?
7. What do you have to say to people who are experiencing emotional pain?
8. In your book, you speak a great deal about surrender. What is surrender and why is it important?
9. What advice do you have for parents?
10. What's the first thing one can do to begin a practice of self-inquiry?

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