



**SACRED GEOMETRY**  
**Unlock Your Potential with the**  
**Keys of the Arcturians**

**JANOSH**

**33 Cards**  
**89-page study guide**  
**56-minute music CD**  
**100-page tracing pad**  
**80-page journal**

**ISBN 13-978-59179-564-3**  
**U.S. \$29.95**

## **Sacred Geometry**

### **How to Use Sacred Geometry**

Geometry is deeply rooted in our body, cell memory, and consciousness. Therefore, concentrating on sacred geometric shapes can bring a lot to the surface to be healed. The contents of *Sacred Geometry* can be used to help you find insights into your patterns and what emotions influence them. You will find answers to questions like: Who are you? Where are you now? Where are you going?

The complex sacred geometric forms of the Keys resonate with your subconscious. Since humans are built according to a certain geometric model, including our DNA, this geometry has a healing effect on our body and mind. The codes support you in realizing your personal goals and processes of change. They are here to stimulate and awaken you. For this reason, you will pick different Keys for different patterns in your life, with their accompanying meanings, challenges, and goals. This way, you will gain insights into the emotions that influence your internal “programs” and discover what changes you can make to get the best out of yourself.

Each card in *Sacred Geometry* has a hologram on one side and the corresponding energetic silver code and title on the other. The message corresponding to each of these Keys is provided in the study guide. When you use the Keys, you will find answers to your questions and receive information on different issues that you may be dealing with. Here are some suggestions for how you might use the cards with and without the support materials in the kit.

#### **The Intuitive Oracle**

- Sit down and relax.
- Shuffle the cards and fan them out in front of you.
- Intuitively pick a card without asking a specific question or keeping any issues in mind.
- Take some time to focus on the center of the hologram you have chosen.
- Turn the card around to read the accompanying title on the back and to focus on the silver code. The hologram has an effect on your subconscious, while the silver code contains an energetic code. This code will make sure that the feeling you are experiencing right now will be stored in the right place in your subconscious.
- Read the explanation of the Key in the booklet.
- Reflect on how it might be relevant to your current experience.

#### **The Intentional Oracle**

- Proceed as for the Intuitive Oracle, but before you choose a card, ask a particular question or bring a certain situation to mind.
- Apply to your question the sensations you experience while focusing on the card, and reflect on how the explanation of the Key is relevant to what you have asked about.



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### **Subliminal Messages**

- Lay out all the cards, either side up.
- Let your intuition guide you as you choose one card to place somewhere in your daily environment.
- Use the easel that is included in the kit to display the card in your home, or put the card on the dashboard of the car close to the windshield so that its reflection is in your peripheral vision as you drive. Leave it there for a day or a week or as long as you like.
- See if you notice any kind of change in your attitude, awareness, or experience while you are giving yourself this “subliminal message.”

### **Tracing the Codes**

We, as humans, are very visually focused. Thus, it is useful and natural to absorb the information from these Keys with our eyes. But we also take in information through tactile sensation and movement, through our bodies. That is why a pad of tracing paper has been provided here.

To use the cards in this way:

- Choose a card by random selection, by intuition, or because it represents a quality you wish to focus on
- Make sure that the silver code side of the card is facing up. Place it under a sheet of tracing paper and trace the design slowly with your pencil. You can trace over the same lines as many times as you like. This is a nice time to listen to the Sacred Geometry music.
- Take a few moments when you are done to just sit still.

### **Self-inquiry with the Sacred Geometry Journal**

Many people find that working with the Keys of the Arcturians helps them with personal growth issues and encourages freedom from old patterns and programming. In this kit you will find a special journal with instructions for a weekly approach to working with the holograms and codes and tracking your experience through the process. Detailed instructions can be found at the beginning of the journal.

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**Contact Beverly Yates**  
(303) 665-3151 ext. 153  
beverlyy@soundstrue.com

Sounds True  
413 South Arthur Avenue | Louisville, Colorado 80027  
(303) 665-3151 | www.soundstrue.com