

Wake Up and Roar

H.W.L. Poonja

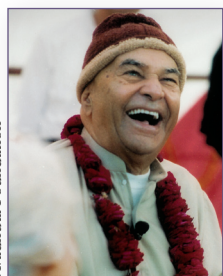
With a New Foreword by Gangaji

Edited and Introduction by Eli-Jaxon Bear

H.W.L. Poonja—affectionately known as Papaji—was only nine years old when he experienced his first *samadhi*, an altered state of consciousness where subject and object merge. As an adult, he sat in devotion with Ramana Maharshi, and went on to become a master teacher in his own right, whose followers trekked across the world to sit in his presence. *Wake Up and Roar* is a collector's edition of *satsangs* (teachings) delivered throughout his life, originally published in two paperback volumes, and now bound in one elegant hardcover book with a new foreword from a principal student in his lineage, Gangaji.

Presented in a question-and-answer format, *Wake Up and Roar* offers the student complete awakening, here and now, regardless of background, practice, or personal circumstance. "The Self contains everything. There is nothing apart from it," Papaji teaches. "This is why you can call it emptiness. There is nothing beyond emptiness."

Blending humor, logic, and eye-opening storytelling, Papaji extends a gracious wisdom that speaks to the earnest seeker investigating the nature of mind, enlightenment, and "how to be in the world." In *Wake Up and Roar*, he brings comfort and encouragement to practitioners from all traditions at any stage of their inquiry into awakening.



Avadhuta Foundation

H.W.L. POONJA (1910-1997)

... became a devotee of Sri Ramana Maharshi in 1944. He worked, held satsangs, and supported the many members of his extended family until his retirement in 1966. Papaji lived in Lucknow, India, where he received visitors from around the world. Many of his students, including Gangaji, are now sought-after teachers themselves.

COLLECTOR'S EDITION

PAPAJI
H.W.L. POONJA

WAKE UP AND ROAR



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