



The Second Half of Life

About the Author: Angeles Arrien, Ph.D.

**THE SECOND
HALF OF LIFE**
**Opening the Eight
Gates of Wisdom**

**Angeles Arrien,
Ph.D.**

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Angeles Arrien is an anthropologist, educator, award-winning author, and consultant to many organizations and businesses, including the Fetzer Institute. She lectures nationally and internationally, conducting workshops that bridge cultural anthropology, psychology, and mediation skills. Requests for her expertise have taken her to Bali, China, Indonesia, New Zealand, Switzerland, Spain, Denmark, Czechoslovakia (now the Czech Republic), Germany, Ireland, South Africa, and Canada. Her work with multi-cultural issues, mediation, and conflict resolution has been used with the International Rights Commission and the World Indigenous Council. She has also presented her material on the Cable News Network (CNN).

She is the founder and president of the Angeles Arrien Foundation for Cross-Cultural Education and Research, and a Fellow at the Institute of Noetic Sciences. Dr. Arrien's research and teaching have focused on values and beliefs shared by humanity cross-culturally, and on the integration and application of multi-cultural wisdoms in contemporary settings. She teaches universal components of leadership skills, communication, health care, and education. Her work reveals how indigenous wisdoms are relevant in our families, professional lives, and our relationship with the Earth.

Dr. Arrien has taught in the University of California system at Berkeley, Los Angeles, Irvine, Davis, Santa Cruz, and San Francisco. She is an associate professor at two Bay Area graduate schools, the California Institute of Integral Studies and the Institute of Transpersonal Psychology. She co-designed and implemented the Social and Cultural Anthropology Program at CIIS and received their Distinguished Teaching award. She is also core faculty with the End-of-Life Counselor Training (EOL) program sponsored by Alaya Institute connected with Zen Hospice, and has received three honorary doctorate degrees.

Keynote addresses/ presentations

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The Four-Fold Way™: Walking the Paths of the Warrior (HarperSanFrancisco)

Teacher, Healer and Visionary (HarperSanFrancisco)

Signs of Life: The Five Universal Shapes and How to Use Them
(HarperSanFrancisco)
Winner, 1993 Benjamin Franklin Award

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